

Ephesians 6:10-24

Author: Paul

Recipients: Church in Ephesus

Location: Western shore of modern day Turkey; Aegean Sea

Key Theme: "The Body of Christ is Blessed"

v. 10

Finally

- Paul is wrapping up the letter to the Ephesians with some final encouragement and instruction.
- He tells them to be strong but not in their own strength rather in the strength of God.
- He tells them what this is in the coming verses.
- Imagine how hard it is for Paul to write a letter to a church that he started and try to keep it all together in one writing.
- He wrote one known letter to the Ephesian church and now he is finishing it.
- There was probably so much that he wanted to say and address but he had to stop at some point and he ended it with the armor of God.

v. 11-17

The Armor of God

- Paul instructs us to put on the WHOLE armor of God.
- This isn't merely one part or something small but rather a covering for our entire being.
- Paul uses armor as an analogy because he is about to use warfare and battle as an analogy.

Spiritual Warfare

- We are told here that the battle we face on a daily basis is not one against humans at the core.
- It is a spiritual battle in which Satan and his fallen angels are the real enemy.
- How often do we view sinful people as our enemy and fail to realize that they are being influenced by demonic power?

Armor of God

- 1) Belt of truth
- 2) Breastplate of righteousness
- 3) Shoes for your feet
- 4) Shield of faith
- 5) Helmet of salvation
- 6) Sword of the Spirit

Each one of these has been given by God as a gift for protection against the schemes of Satan.

v 18-20

Prayer and Perseverance

- We are told to pray at all times in the Spirit
- This doesn't mean to literally bow our heads and be distracted all of the time; it simply means to maintain a constant posture of communication with the Lord.
- We are to pray for one another in an effort to persevere to the end. This is vital.
- Paul requests prayer for himself. If he needed it we definitely need it.

v. 21-24

Conclusion

- His associate Tychicus is going to deliver the letter and minister to the church.
- Paul leaves them with grace and peace in the Lord.

Small Group Questions

- 1) Paul tells the Ephesians to be strong but Who does he tell them to be strong in?
 - The Lord. As sinful people we are weak and stubborn. God is strong in every way.
- 2) How are we to be strong in the Lord?
 - By putting on the armor of God
- 3) Discuss the armor of God.
- 4) Who is our real enemy?
 - Satan and his fallen angels. This should change the way that we view lost people from a place of contempt to a place of love, care, and even pity to a degree.
- 5) What should our prayer be for?
 - Perseverance
 - Revelation 16:15